



Contact us to join in the fun for your selected activities.

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>	<p><b>Woodcraft</b> Create various craft items out of wood.</p> <p><b>Events craft</b> Create things for Christmas, Easter, Mother's Day etc.</p> <p><b>Cooking</b> Learn how to make healthy meals for yourself or to share with family and friends.</p> <p>Enjoy baking, cookies, cakes, stews, toasted sandwiches, pasta and more.</p>	<p><b>Craft</b> Explore your creativity with a variety of materials including paint, paper, crayons and fabric.</p> <p><b>Sensory</b> Interact with various elements designed to tap into your senses and stimulate.</p> <p><b>Library visit</b> Visit the local library and get the support you need to make the most of what's on offer.</p>	<p><b>All day</b></p> <p><b>Drink making or Trip out</b> Every second Wednesday Make drinks with the group or take a trip out into the local area.</p> <p><b>Community Access</b> Get out into the community.</p> <p><b>Zen Den</b> Experience relaxation with a gentle massage and light music.</p>	<p><b>Myalla Music Group</b> Enjoy the music of the Myalla Music Group.</p> <p><b>In-house games</b> Play a variety of games at the hub.</p> <p><b>Pamper Parlour</b> Feeling like a pamper experience?</p> <p><b>Swimming</b> Join us for a relaxing swim.</p> <p><b>Chat 'n' Choose</b> Learn crafts while making new friends.</p>	<p><b>Cooking</b> Learn how to make healthy meals for yourself or to share with family and friends.</p> <p>Enjoy baking, cookies, cakes, stews, toasted sandwiches, pasta and more.</p> <p><b>Recycling program</b> Learn how to recycle and contribute to a healthier environment.</p> <p><b>Craft</b> Explore your creativity with a variety of materials including paint, paper, crayons and fabric.</p> <p><b>Ball games</b> Join participants from Burnie to explore the North West Coast and beyond</p>
<b>Afternoon</b>	<p><b>In-house bingo and carpet bowls</b> Have fun playing bingo and bowls at the Wynyard hub.</p> <p><b>Community access</b> Get out into the community.</p>	<p><b>Interactive story telling</b> Participate in the story telling experience.</p> <p><b>Basketball</b> Play basketball at the local sports hall and get some exercise while having a blast.</p> <p><b>Lifeskills</b> Develop your life skills to take more control of your life and independence. We'll support you through it all.</p>		<p><b>Movie of the Week</b> Relax and watch a movie.</p> <p><b>Community access</b> Get out into the community.</p>	<p><b>Music</b> Enjoy the rhythm, sound and feel of creating music.</p>